



EARLY YEARS MENU

(Nursery to Reception)

WEEK 1



MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	FRUIT AND BREADSTICKS	FRUIT AND OVERNIGHT OATS	BOILED EGG, CRACKERS AND TOMATO	FRUIT AND BREADSTICKS	FRUIT AND RICE CAKES
LUNCH	COTTAGE PIE/ VEGETARIAN COTTAGE PIE CARROT BROCCOLI CHOCOLATE SPONGE & CUSTARD	VEGETARIAN SAUSAGES MASHED POTATO GREEN BEANS ANGEL DELIGHT	CHICKEN STIR FRY / QUORN TIKKA MASALA WHOLEGRAIN RICE MIXED VEGETABLES GREEK YOGHURT	CHICKEN / QUORN TOMATO PASTA CAULIFLOWER FRUIT	FISH FINGERS / VEGETARIAN FINGERS CHIPS BAKED BEANS PEAS SORBET
TEA	CHICKEN AND CUCUMBER WHOLEMEAL WRAPS	PITTA, HOUMOUS AND VEG STICKS	MAC AND CHEESE WITH HAM AND BROCCOLI	SOUP, BREAD AND VEG STICKS	PITTA PIZZA & VEG STICKS

*Menus subject to availability
Other allergies catered for individually*



EARLY YEARS MENU

(Nursery to Reception)

WEEK 2



MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	FRUIT AND BREADSTICKS	FRUIT AND OVERNIGHT OATS	SOREEN AND BANANAS	VEGETABLE STICKS & HOUMOUS	FRUIT AND BREADSTICKS
LUNCH	CHICKEN / CHICKPEA CURRY WHOLEGRAIN RICE BROCCOLI CHOCOLATE SPONGE & CUSTARD	TOMATO & CHICKPEA GRATIN MASHED POTATO MIXED VEG GREEK YOGHURT	SALMON RIGATONI / CAULIFLOWER & BROCCOLI PASTA GREEN BEANS ANGEL DELIGHT	HAM & LEEK CRUMBLE / LENTIL CRUMBLE MASHED ROOT VEGETABLES GREEN BEANS FRUIT	FISH FINGERS / VEGETARIAN FINGERS CHIPS BAKED BEANS PEAS SORBET
TEA	BAKED BEANS, SAUSAGE AND VEG STICKS	SOUP, BREAD AND VEG STICKS	GRANOLA, GREEK YOGURT AND BERRIES	CHEESE, CRACKERS AND VEG STICKS	SANDWICHES AND VEG STICKS

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Other allergies catered for individually*



EARLY YEARS MENU

(Nursery to Reception)

WEEK 3



MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	FRUIT AND BREADSTICKS	FRUIT AND OVERNIGHT OATS	CARROT STICKS AND HOUMOUS	FRUIT AND BREADSTICKS	FRUIT AND RICE CAKES
LUNCH	CHINESE STYLE BEEF / THAI RED VEGETARIAN CURRY WHOLEGRAIN RICE CARROTS CHOCOLATE SPONGE & CUSTARD	BEAN CHILLI SAUTEED POTATOES SWEETCORN JELLY & FRUIT	ROAST CHICKEN / QUORN ROAST POTATOES MIXED VEGETABLES YOGHURT	CHICKEN / VEGETARIAN TIKKA MASALA WHOLEGRAIN RICE CAULIFLOWER FRUIT	SALMON FINGERS / VEGETARIAN FINGERS CHIPS BAKED BEANS PEAS SORBET
TEA	BOILED EGG, CRACKERS AND TOMATO	SOUP, BREAD AND VEG STICKS	PITTA PIZZA AND VEG STICKS	MAC AND CHEESE WITH HAM AND BROCCOLI	GRANOLA, GREEK YOGURT AND BERRIES

*Menus subject to availability
Other allergies catered for individually*